

We are proud to use 100% organic herbs where possible. Where certified organic herbs are unavailable, we choose wildcrafted and fair trade options, bringing you the highest quality ingredients.

### **PASSION – Happy Love Tea**

Open your senses with this natural libido boosting herbal blend for happy and enjoyable romantic moments. Passion increases desire and energy levels.

Contains: Cacao, Holy Basil, Damiana, Horny Goat Weed, Rose Petals, Kawakawa

### **VOICE – Breathe Well Tea**

This tea is for acute respiratory conditions. An open throat, strong lungs and a clear voice allow you to speak your truth and be authentic. Nourish your voice and listen to its beauty.

Contains: Lungwort, Sage, Thyme, Aniseed, Licorice

### **PUKU – Tummy Well Tea**

This tea is soothing and relaxing to your belly. It aids digestion, repairs gut tissue, allowing your belly to do what it does best: transform.

Contains: Marshmallow, Fennel, Meadowsweet, Peppermint, Chamomile, Gentian

### **BUZZ – Energy Tea**

The herbs in buzz are uplifting and energising – to get you going, allow you to deal with stress better and be more adaptable to life's daily challenges.

Contains: Green Tea, Withania, Lemon Grass, Damiana, Sage, Guarana (non-organic)

### **SANDMAN – Sleep Well Tea**

This tea is calming and relaxing to your nerves and your body, helps you rest better, improves sleep and keeps up your tolerance for daily stressors.

Contains: Valerian, Withania, Passionflower, Lemonbalm, Californian Poppy, Lavender

### **MORPHOSIS – Clear Skin Tea**

The power of change and re-development lies within your skin. Morphosis purifies your blood and skin. It alkalisises your body's power of detoxification.

Contains: Burdock, Rosehips, Nettle, Cleavers, Herb Robert (non-organic), Calendula

### **SWEET TOOTH – Blood Sugar Support Tea**

Sweet tooth is a herbal blend that nourishes you, supports your blood sugar and reduces sweet cravings. Sweet tooth makes you feel balanced straight away.

Contains: Milk Thistle, Licorice, Dandelion, Gymnema, Fenugreek, Cinnamon

### **COOL FLUSH – Women's Tea**

This tea helps to manage hormonal symptoms such as PMS and menopause, including hot flushes. It is energising, influences hormonal reactions, balances and gives you back control in your life.

Contains: Sage, Withania, Chaste Tree, Oat Straw, Red Clover, Rosehips, Raspberries (non-organic)